

CONFIDENTIAL CASE HISTORY RECORD

Please fill out the following form in as much detail as possible.

Please Print

Date \_\_\_\_\_ MRN No. \_\_\_\_\_

Name \_\_\_\_\_ Nick Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_  
Street City County State Zip

Home Phone \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_

Email \_\_\_\_\_ Occupation/Job \_\_\_\_\_  Full Time  Part Time  Self

Employer \_\_\_\_\_  
Name Address Phone

SS# \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Sex  M  F Referred by \_\_\_\_\_

Marital Status:  M  S  D  W Children (#) \_\_\_\_\_ Name of Spouse \_\_\_\_\_

We must ask the following information regarding ethnicity, race and religion per government requirements. If you would like to decline please indicate that in the space provided. Thank you.

Race: \_\_\_\_\_ Ethnicity:  Hispanic/Latino  Non Hispanic  Refused Religion \_\_\_\_\_

Is any other member of your family being treated at this office? \_\_\_\_\_

Have you ever had chiropractic care before? \_\_\_\_\_ Where? \_\_\_\_\_

For what problem? \_\_\_\_\_ Last treated \_\_\_\_\_

Were the results satisfactory?  Yes  No

Major complaints and symptoms in order of severity or concerns

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How do you believe your problem (pain) began?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did you first notice this current problem/pain? \_\_\_\_\_

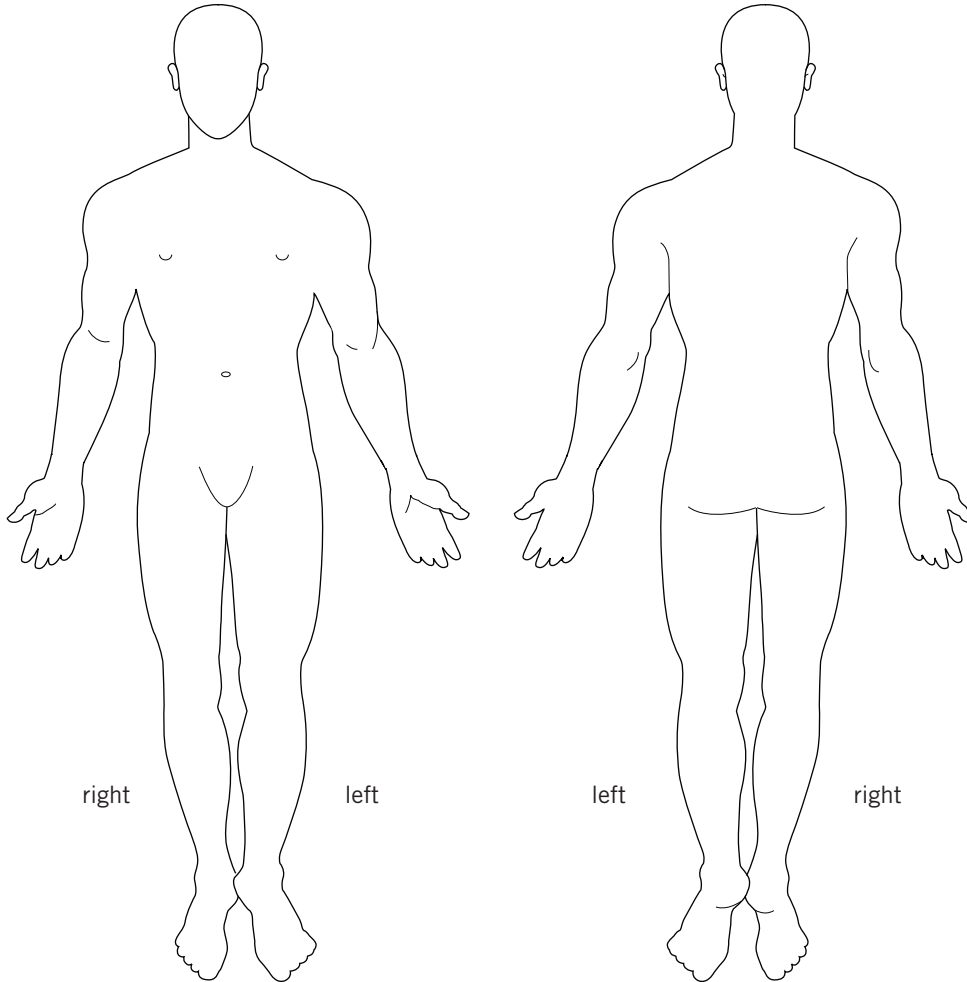
Have you lost any work?  Yes  No Day and date you last worked \_\_\_\_\_

## PAIN CHART

Show area(s) of pain or unusual feeling

Mark the areas on this body where you feel the described sensations. Use the appropriate symbols. Mark the areas where the pain radiates – include all affected areas.

<u>Numbness</u>	<u>Pins &amp; Needles</u>	<u>Burning</u>	<u>Aching</u>	<u>Stabbing</u>
-----	00000	XXXXX	ZZZZZ	/////
-----	00000	XXXXX	ZZZZZ	/////
-----	00000	XXXXX	ZZZZZ	/////
-----	00000	XXXXX	ZZZZZ	/////



**RATE YOUR PAIN: 0 = NO PAIN    10 = MOST INTENSE PAIN IMAGINABLE**

- |                 |   |   |   |   |   |   |   |   |   |   |    |
|-----------------|---|---|---|---|---|---|---|---|---|---|----|
| 1. At its worst | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 2. Right now    | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 3. At its best  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Have you ever had this condition before or a similar condition?    Yes    No   When? \_\_\_\_\_

What positions or activities aggravate your condition? \_\_\_\_\_

What positions or activities relieve your condition? \_\_\_\_\_

Have you been treated by a Medical Physician for this ailment?    Yes    No   Where? \_\_\_\_\_

Describe the type of treatment \_\_\_\_\_

When \_\_\_\_\_

Length of time under care \_\_\_\_\_ Results \_\_\_\_\_

**Family History:** List any immediate family member who has had any of the following:

Enter (M) – Mother; (F) – Father; (B) – Brother; (S) – Sister

- |                          |                     |
|--------------------------|---------------------|
| ( ) High Blood Pressure  | ( ) Kidney Disease  |
| ( ) Heart Attack         | ( ) Stroke          |
| ( ) Emphysema            | ( ) Arthritis       |
| ( ) Asthma               | ( ) Mental Illness  |
| ( ) Seizures             | ( ) Cancer          |
| ( ) Diabetes             | ( ) Thyroid Disease |
| ( ) Circulation Problems | ( ) Colitis         |

Family Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Have you ever been in any accidents, auto, fall down stairs, fall from ladder, etc. (even as a child)? \_\_\_\_\_  
When? \_\_\_\_\_

Are you allergic to anything you are aware of? \_\_\_\_\_

Current medications (including aspirin)?  Yes  No Illicit drugs?  Yes  No Corticosteroid?  Yes  No

If Yes, name them \_\_\_\_\_

Have you ever broken any bones? (fractures)? \_\_\_\_\_ Any dislocations? \_\_\_\_\_

What operations have you had? \_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_

Give dates you have any of the following (if exact date unknown, give approximate date)

Blood tests \_\_\_\_\_ MRI or CT Scan \_\_\_\_\_

X-ray examination \_\_\_\_\_ Bone Scan \_\_\_\_\_

At what hospital or office were these tests taken? \_\_\_\_\_

Do you have a history of drug or alcohol dependence?  Yes  No

Date of last menstrual period \_\_\_\_\_

Do you have any reason to believe that you may be pregnant?  Yes  No

Do you have any health problems not listed above? \_\_\_\_\_

Have you ever had cancer?  Yes  No Where? \_\_\_\_\_

Does your pain wake you from sound sleep?  Yes  No

Have you lost  Yes  No or gained  Yes  No weight in the past year? How much? \_\_\_\_\_

**Habits:** (Please check)

Cigarettes? Current Quantity \_\_\_\_\_ Former Quantity \_\_\_\_\_ Second hand smoke?  Yes  No  
 Coffee? Quantity \_\_\_\_\_  Alcohol? Quantity \_\_\_\_\_  Tea? Quantity \_\_\_\_\_

Activities/Hobbies \_\_\_\_\_

Please list any vitamins you take \_\_\_\_\_

Use this space for any additional information you may wish to discuss \_\_\_\_\_

**Review of Systems**

Have you had or do you now have any of the following symptoms which are or have been of significant distress to you? Please check the now or past column if it applies to you.

	<b>Now</b>	<b>Past</b>		<b>Now</b>	<b>Past</b>		<b>Now</b>	<b>Past</b>
Headaches	_____	_____	Loss of Memory	_____	_____	Cold Hands	_____	_____
Neck Pain	_____	_____	Chest Pains	_____	_____	Cold Feet	_____	_____
Mid Back Pain	_____	_____	Shortness of Breath	_____	_____	Leg Cramps	_____	_____
Low Back Pain	_____	_____	Asthma	_____	_____	Fever	_____	_____
Arm/Hand Pain	_____	_____	Frequent Colds	_____	_____	Night Sweats	_____	_____
Arm/Hand Numbness	_____	_____	Sinus Problems	_____	_____	Stomach Upset	_____	_____
Arm/Hand Weakness	_____	_____	Arthritis	_____	_____	Indigestion	_____	_____
Leg/Foot Pain	_____	_____	Swollen Joints	_____	_____	Belching	_____	_____
Leg/Foot Numbness	_____	_____	Muscle Spasms	_____	_____	Vomiting	_____	_____
Leg/Foot Weakness	_____	_____	Nervousness	_____	_____	Diarrhea	_____	_____
Fainting	_____	_____	Tension	_____	_____	Constipation	_____	_____
Dizziness	_____	_____	Irritability	_____	_____	Colitis	_____	_____
Loss of Balance	_____	_____	Fatigue	_____	_____	Hemorrhoids	_____	_____
ringing in Ears	_____	_____	Depression	_____	_____	Urinary Problems	_____	_____
Blurred Vision	_____	_____	Sleeping Problems	_____	_____	Bowel Problems	_____	_____
Loss of Smell	_____	_____	Menstrual Difficulties	_____	_____	Diabetes	_____	_____
Loss of Taste	_____	_____	High Blood Pressure	_____	_____	Osteoporosis/Osteopenia	_____	_____

I understand that a complete and accurate case history is necessary for the Doctor to provide the most appropriate treatment. I hereby acknowledge that the above information is accurate and complete to the best of my knowledge and recollection, and that I haven't knowingly omitted any information in regard to my medical history.

PATIENT'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PLEASE PRINT NAME \_\_\_\_\_